A MINUTE OF HEALTH WITH CDC

Immunizing Adults

Noninfluenza Vaccination Coverage Among Adults – United States, 2011 Recorded: February 19, 2013; posted: February 22, 2013

[Announcer] This program is presented by the Centers for Disease Control and Prevention.

Vaccines aren't just for kids; adults also need to get immunized. Overall, far too many people 19 and older aren't getting the vaccines they need and remain unprotected. Everyone six months and older should get a flu shot every year. Vaccines for adults can also prevent tetanus, pertussis, hepatitis A and B, shingles, and HPV. Staying up-to-date on your vaccines prevents illness in yourself and can also prevent the spread of illness to others. Vaccines are available to protect adults from 14 diseases, so check with your health care provider to see if you're fully immunized.

Thank you for joining us on A Minute of Health with CDC.

[Announcer] For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.